

PETERBOROUGH REGIONAL HEALTH CENTRE

Elective Opportunity: Geriatric Medicine Fellows and Senior Internal Medicine residents pursuing a career in Geriatric Medicine



Elective length: 4 weeks

Life in small communities offers a unique and enriching perspective on healthcare. As part of this elective, you will have the chance to experience diverse working environments. Peterborough Regional Health Centre (PRHC) hosts an excellent complement of specialists, including Neurology, Cardiology, Infectious Disease, and Vascular Surgery. In addition to a Cardiac Catheterization Lab and Vascular Lab, PRHC is also a schedule 1 psychiatric centre for a catchment area of 300,000. PRHC is located in the growing city of Peterborough, just a 90-minute drive from Toronto.

PRHC is home to one (1) of the twelve Geriatric Assessment and Intervention Network (GAIN) Clinics in our region. Our clinic plays a vital role in providing comprehensive assessment, diagnosis, treatment, education, support, and care to older adults facing complex health challenges.

As a Seniors' Centre of Excellence, the resident will have an opportunity to liaise with and support the Geriatric Assessment and Treatment Unit (GATU) and the Geriatric Assessment and Behavioural Unit (GABU).

PRHC has a new Reactivation Care Centre with a "home first" philosophy. This unit is a participant in the Institute for Healthcare Improvement's (IHI) Age Friendly Health System.

This is the perfect time to explore the opportunity to complete a 4-week elective at PRHC.

During your elective experience, you will have the opportunity to work in a variety of clinical and practice settings, with some flexibility in how your elective is structured. You can choose from options such as:

- Seeing patients in small rural communities like Minden, Campbellford, and Port Hope
- Providing outpatient and inpatient consult support at a large regional center
- Gaining hands-on experience in different models of care and collaborating with diverse interprofessional teams across the region
- Supporting research trials at the Kawartha Centre - Redefining Healthy Aging, among other opportunities.

Dr. Barbara Clive explains; "I work three days a week, with full support from my division to create a flexible schedule for trainees, which includes rural clinics and inpatient consults. In Lindsay, I practice in a Community Health Centre, while in Minden, I work out of a small independent clinic located across from a long-term care home. These varied settings are integral to shifting geriatric care from hospitals into the community, an important shift given that many training programs are hospital-focused. With small communities growing as people move from the GTA in search of more affordable living, this elective provides a valuable opportunity to engage in the future of healthcare in these areas".

Learning Objectives

The resident will:

- Understand the different economics and demographic make up of rural vs. urban communities and how this impacts health service delivery.
- Understand different models of geriatric care delivery in rural communities.
- Experience geriatric medicine in a supported clinical environment in a community, hospital and small rural team structure as well as rural home visits.
- Observe clinical dementia trials at an internationally recognized clinical trials site.
- Participate in a team structure with allied health members from the community.

Participating Geriatricians

Participating Geriatricians have affiliations with the University of Toronto and Queen's University.

Rural Ontario Medical Program (ROMP)

Registration by application with ROMP is required for elective rotations at PRHC. For further details please go to: www.romponline.com.

Out of province residents need 4 months to apply with an Ontario Medical Schools PGME office to obtain a temporary CPSO license number for the elective rotation. We are happy help navigate this process.

One team, here when you need us most.

www.prhc.on.ca



Accommodation Options During Elective

You may receive accommodation assistance from ROMP and/or your Program Director. If you are coordinating your own accommodations, there are many options available in Peterborough including:

MedsHousing Portal

Available through [MedsHousing Peterborough](#)

Queen's Student House

1310 Dobbin Street Peterborough
(5-minute walk to the hospital)
Contact Val Dorion at regional@queensu.ca to arrange

Queen's Student Apartment

630 Parkhill Road West (15-minute walk to the hospital)
Contact Val Dorion at regional@queensu.ca to arrange

Fleming College Residences (May- August)

599 Brealey Drive
Contact Matt Markovic at matt.markovic@flemingcollege.ca

Discounted Hotel Rates for Staff

Some hotels in the region may offer a preferred rate. A list of hotels that offer a patient & family rate can be found [here](#).

Train Better

At Peterborough Regional Health Centre (PRHC), you'll train in a vibrant regional hospital providing acute care to a growing population of over 300,000 in Peterborough and neighbouring communities, including the First Nations of Curve Lake, Alderville, and Hiawatha. PRHC is a hub for comprehensive pediatric, emergency, surgical, and maternal-newborn care, offering exposure to a wide range of clinical experiences.

PRHC's culture is rooted in collaboration, innovation, and professional growth. You'll work alongside more than 3,100 staff, 450 credentialed physicians, and 300 dedicated volunteers, all committed to teaching, quality care, and a supportive environment where learning thrives.

As part of the PRHC team, you'll benefit from hands-on clinical mentoring, opportunities to develop leadership and communication skills, and a culture that celebrates achievement and fosters career development.

Live Better

In Peterborough, you'll be as close to the great outdoors as you are to work, schools and other amenities. Cottage country is as close as 20 minutes away. An hour south of Kawartha Highlands Provincial Park and a couple of hours from Algonquin Provincial Park. Here, we boast all the conveniences and comforts that an exceptional quality of life demands. Here, you can have it all.

Peterborough is a unique community unto itself, an established entity with a rich heritage, a thriving culture,



and a bright future. Home to Trent University and Fleming College as well as a burgeoning business sector, the opportunities here abound.

Peterborough offers a unique blend of outdoor pursuits and urban amenities right at your doorstep. Our arts and culture community is renowned for its exceptional events, exhibitions and performances, and the city offers a wide array of multicultural cuisine, local cafés, and unique shops.

To arrange an elective, please contact:

Alison Drain, Medical Affairs Specialist, Medical Affairs
adrain@prhc.on.ca
705-743-2121 x. 4228
W4660
Peterborough Regional Health Centre
1 Hospital Drive, Peterborough, ON K9J 7C6

PRHC is an accessible workplace, and an equal opportunity employer. For more information about our programs and services, please visit our website at: www.prhc.on.ca

One team, here when you need us most.

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