

PETERBOROUGH REGIONAL HEALTH CENTRE

Elective Opportunity: Anesthesia Residents

Elective length: 4 weeks

Life in smaller communities offers a unique and enriching perspective on healthcare. As part of this elective, you will have the chance to experience diverse working environments, balancing community-based care with inpatient care and consult services at Peterborough Regional Health Centre (PRHC)—a regional centre with an excellent complement of specialists, including Neurology, Cardiology, Infectious Disease, and Vascular Surgery, in addition to a Cardiac Catheterization Lab and Vascular Lab. PRHC is located in the growing city of Peterborough, just a 90-minute drive from Toronto.

This is the perfect time to explore the opportunity to complete an elective at PRHC.

Our Anesthesia team are a collegial group of 17 physicians who provide the most advanced, state-of-the-art anesthetic care in Peterborough and the surrounding Kawartha's. In addition to operating room services, we are actively involved in the pre-anesthetic and surgical pre-operative clinics, endoscopy, the pain clinic, and acute pain management services.

With some of the busiest operating rooms in the region, performing upwards of 21,000 surgical procedures annually, during your elective experience, you will have the opportunity to develop a variety of skills critical to the management of anesthetic care in our patients. Residents are invited to choose their own OR lists to work in each day to facilitate their learning goals and make the rotation relevant for the learner. PRHC is also a vascular surgery, a schedule 1 psychiatric, and cardiac catheterization lab centre for the region, serving a catchment population of over 300,000. We have recently been established as a level 3 trauma centre and offer extensive in-house consulting services.

You will work 1:1 with members of our anesthesia team during your rotation; learning objectives can be tailored to your rotation goals and level of training.

Learning Objectives

- Assess patients in settings such as the pre-anesthetic clinic and pre-op areas, focusing on airway evaluation, comorbidity management, anesthesia planning, informed consent, and perioperative risk stratification.
- Providing general, regional, and monitored anesthesia care for a variety of surgical procedures, including obstetric, general surgery, with active involvement in

airway management, hemodynamic monitoring, and anesthetic drug administration.

- Participate in anesthesia care for endoscopic procedures, developing skills in safe sedation, patient monitoring, and rapid recovery protocols in non-operating room anesthesia environments.
- Involvement in the acute pain service includes postoperative pain assessment, multimodal analgesia planning, opioid stewardship, and performance of regional techniques such as neuraxial blocks and peripheral nerve blocks under supervision.
- Assist with labour epidurals, spinal anesthesia for cesarian delivery, and management of obstetric anesthesia emergencies, gaining experience in a fast-paced, high-acuity clinical environment.
- PACU management, recognition and treatment of postoperative complications, and coordination with surgical teams, nursing staff, and pain services to ensure safe patient recovery.

Rural Ontario Medical Program (ROMP)

Registration by application with ROMP is required for elective rotations at PRHC. For further details please go to: www.romponline.com.

Accommodation Options During Elective

You may receive accommodation assistance from ROMP and/or your Program Director. If you are coordinating your own accommodations, there are many options available in Peterborough including:

MedsHousing Portal

Available through [MedsHousing Peterborough](#)

Queen's Student House

1310 Dobbin Street Peterborough

(5-minute walk to the hospital)

Contact Val Dorion at regional@queensu.ca to arrange

Queen's Student Apartment

630 Parkhill Road West (15-minute walk to the hospital)

Contact Val Dorion at regional@queensu.ca to arrange

Fleming College Residences (May- August)

599 Brealey Drive

Contact Matt Markovic at matt.markovic@flemingcollege.ca

Discounted Hotel Rates for Staff

Some hotels in the region may offer a preferred rate. A list of hotels that offer a patient & family rate can be found [here](#).

One team, here when you need us most.

www.prhc.on.ca



Train Better

At Peterborough Regional Health Centre (PRHC), you'll train in a vibrant regional hospital providing acute care to a growing population of over 300,000 in Peterborough and neighbouring communities, including the First Nations of Curve Lake, Alderville, and Hiawatha. PRHC is a hub for comprehensive pediatric, emergency, surgical, and maternal–newborn care, offering exposure to a wide range of clinical experiences.

PRHC's culture is rooted in collaboration, innovation, and professional growth. You'll work alongside more than 3,100 staff, 450 credentialed physicians, and 300 dedicated volunteers, all committed to teaching, quality care, and a supportive environment where learning thrives. As part of the PRHC team, you'll benefit from hands-on clinical mentoring, opportunities to develop leadership and communication skills, and a culture that celebrates achievement and fosters career development.

Live Better

In Peterborough, you'll be as close to the great outdoors as you are to work, schools and other amenities. Cottage country is as close as 20 minutes away. An hour south of Kawartha Highlands Provincial Park and a couple of hours from Algonquin Provincial Park. Here, we boast all the conveniences and comforts that an exceptional quality of life demands. Here, you can have it all.

Peterborough is a unique community unto itself, an established entity with a rich heritage, a thriving culture, and a bright future. Home to Trent University and Fleming College as well as a burgeoning business sector, the opportunities here abound.

To arrange an elective, please contact:

Alison Drain, *Medical Affairs Specialist, Medical Affairs*
medicalstudents@prhc.on.ca

705-743-2121 x. 4228

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1 Hospital Drive, Peterborough, ON K9J 7C6

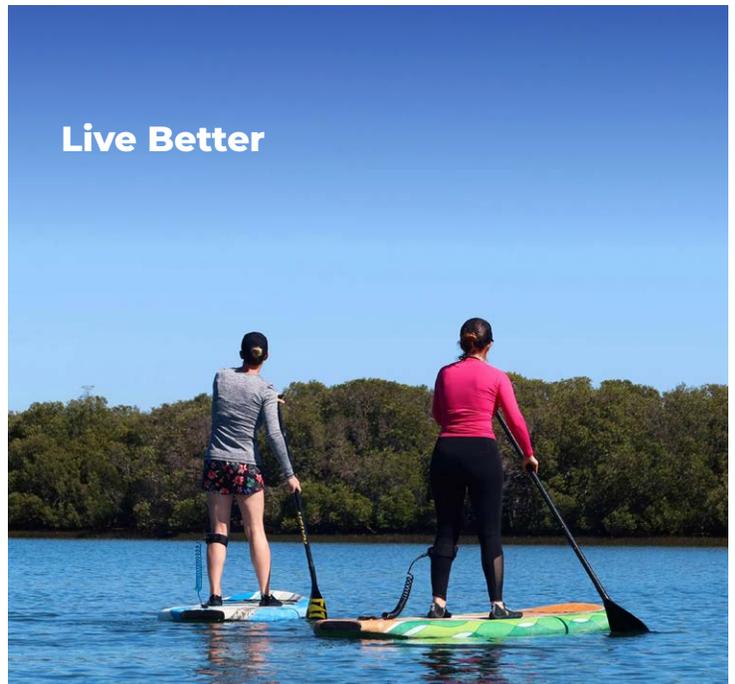
PRHC is an accessible workplace, and an equal opportunity employer. For more information about our programs and services, please visit our website at: www.prhc.on.ca



PRHC is proud to be recognized as one of the top 20 employers nationwide in the healthcare and social services category, and 199 overall among 300 Canadian employers across all sectors, on the Canada's Best Employers list released by Forbes in 2025.



Train Better



Live Better

Ask a
**MEDICAL
RESIDENT**

SCAN THE QR CODE TO HEAR ABOUT DR. JESSE TABIJE'S EXPERIENCE AS A MEDICAL RESIDENT AT PRHC



One team, here when you need us most.

www.prhc.on.ca



PRHC
Peterborough Regional
Health Centre