

Peterborough GAIN Information

What is GAIN?

The Geriatric Assessment and Intervention Network (GAIN) is a network of 12 coordinated care teams located in East Scarborough, Durham, Haliburton, Peterborough, Kawartha Lakes and Northumberland Counties.

GAIN provides assessment, investigation, diagnosis, treatment, education, support and care to older adults dealing with complex health concerns, such as:

- Memory loss or confused thinking
- Walking and mobility
- Falls or risk of falls
- Bladder or bowel control
- Multiple medications
- Difficulty coping
- Safety issues
- Frequent hospital visits

The GAIN clinic also offers interventions to patients, including:

- Education regarding chronic disease self-management
- Teaching about dementia and behavioural care
- Advance care planning
- Referral to community supports
- Where appropriate, collaboration with home care to facilitate in-home supports, long-term care application and more
- De-prescribing and medication adjustment
- Initiation of treatment for dementia

Our service

GAIN referrals can be made by patients, their families, doctors and other healthcare providers.

Who we are

The Peterborough GAIN team is an interprofessional team of healthcare professionals who work collaboratively with patients and families. Your GAIN team may include:

- Nurse Practitioners
- Geriatricians
- Behavioural Support Nurse
- Home and Community Care
- Occupational Therapists
- Personal Support Workers
- Physiotherapists
- Pharmacists
- Social Workers

What you can expect

1. Team member(s) will meet with you and your family to help determine your needs. This assessment involves various examinations and discussions. It is done using a professional, team approach.
2. Together we will make a care plan.
3. As part of your healthcare team we will provide and help coordinate the care you need for your identified health needs and work with other members of your team.

Important to know

We offer appointments at our clinic on Level 4 of the hospital. For patients who have difficulty attending the clinic, we also offer appointments virtually, or at home.

Hours

We provide service Monday through Friday, during the day and can offer evening appointments as needed.

Clinic location

Peterborough Regional Health Centre
Medical Outpatients, Level 4
Phone: 705-876-5021
Fax: 705-876-5058