

PETERBOROUGH REGIONAL HEALTH CENTRE

## **Elective Opportunity: Geriatric Medicine Fellows and Senior Internal Medicine residents pursuing a career in Geriatric Medicine**

**Elective length: 4 weeks**

Life in small communities offers a unique and enriching perspective on healthcare. As part of this elective, you will have the chance to experience diverse working environments, balancing community-based care with inpatient consults at Peterborough Regional Health Centre (PRHC), if desired.

PRHC is home to one (1) of the twelve Geriatric Assessment and Intervention Network (GAIN) Clinics in our region. Our clinic plays a vital role in providing comprehensive assessment, diagnosis, treatment, education, support, and care to older adults facing complex health challenges.

As a Seniors' Centre of Excellence, the resident will have an opportunity to liaise with and support the Geriatric Assessment and Treatment Unit (GATU) and the Geriatric Assessment and Behavioural Unit (GABU).

**This is the perfect time to explore the opportunity to complete a 4-week elective at PRHC.**

During your elective experience, you will have the opportunity to work in a variety of clinical and practice settings, with some flexibility in how your elective is structured. You can choose from options such as:

- Seeing patients in small rural communities like Minden, Campbellford, and Port Hope
- Providing outpatient and inpatient consult support at a large regional center
- Gaining hands-on experience in different models of care and collaborating with diverse interprofessional teams across the region
- Supporting research trials at the Kawartha Centre - Redefining Healthy Aging, among other opportunities.

Dr. Barbara Clive explains; "I work three days a week, with full support from my division to create a flexible schedule for trainees, which includes rural clinics and inpatient consults. In Lindsay, I practice in a Community Health

Centre, while in Minden, I work out of a small independent clinic located across from a long-term care home. These varied settings are integral to shifting geriatric care from hospitals into the community, an important shift given that many training programs are hospital-focused. With small communities growing as people move from the GTA in search of more affordable living, this elective provides a valuable opportunity to engage in the future of healthcare in these areas".

### **Learning Objectives**

The resident will:

- Understand the different economics and demographic make up of rural vs. urban communities and how this impacts health service delivery.
- Understand different models of geriatric care delivery in rural communities.
- Experience geriatric medicine in a supported clinical environment in a community, hospital and small rural team structure as well as rural home visits.
- Observe clinical dementia trials at an internationally recognized clinical trials site.
- Participate in a team structure with allied health members from the community.

### **Participating Geriatricians**

*Participating Geriatricians have affiliations with the University of Toronto and Queen's University.*

### **Rural Ontario Medical Program (ROMP)**

Rural Ontario Medical Program (ROMP) Registration by application with ROMP is required for elective rotations at PRHC and may be eligible for funding through ROMP as per current ROMP policies. For further details please go to: [www.romponline.com](http://www.romponline.com).

**One team, here when you need us most.**

[www.prhc.on.ca](http://www.prhc.on.ca)



**PRHC**  
Peterborough Regional  
Health Centre

## Accommodation Options During Elective

### MedsHousing Portal

Available through MedsHousing Peterborough  
[MedsHousing Peterborough](#)

### Queen's Student House

1310 Dobbin Street Peterborough  
(5-minute walk to the hospital)  
Contact Val Dorion at [regional@queensu.ca](mailto:regional@queensu.ca) to arrange.

### Queen's Student Apartment

650 Parkhill Road West (15-minute walk to the hospital)  
Contact Val Dorion at [regional@queensu.ca](mailto:regional@queensu.ca) to arrange.

### Discounted Hotel Rates for Staff

Some hotels in the region may offer a preferred rate. A list of hotels that offer a patient & family rate can be found [here](#).

## Work Better

PRHC is a regional hospital delivering acute healthcare to a rapidly growing population of more than 300,000 in Peterborough and the surrounding communities, including the First Nations of Curve Lake, Alderville and Hiawatha.

The Health Centre is located in Peterborough Ontario, a 90-minute drive north-east of Toronto – and has a proud local history extending back over a century. We are the region's largest employer with more than 3,100 staff, 450 physicians with privileges and a core group of 250 volunteers.

As a member of the PRHC team, you will be part of an exceptional working environment – a forum to share knowledge, to lead and learn, to develop talents, relationships and careers, and a culture that recognizes and celebrates the efforts and achievements of its people.

## Live Better

In Peterborough, you'll be as close to the great outdoors as you are to work, schools and other amenities. Cottage country is as close as 20 minutes away. An hour south of Kawartha Highlands Provincial Park and a couple of hours from Algonquin Provincial Park. Here, we boast all the conveniences and comforts that an exceptional quality of life demands. Here, you can have it all.

Peterborough is a unique community unto itself, an established entity with a rich heritage, a thriving culture, and a bright future. Home to Trent University and Fleming College as well as a burgeoning business sector, the opportunities here abound.



Peterborough offers a unique blend of outdoor pursuits and urban amenities right at your doorstep. Our arts and culture community is renowned for its exceptional events, exhibitions and performances, and the city offers a wide array of multicultural cuisine, local cafés, and unique shops.

### To arrange an elective, please contact:

Alison Drain, Medical Affairs Specialist, Medical Affairs  
[adrain@prhc.on.ca](mailto:adrain@prhc.on.ca)  
705-743-2121 x. 4228  
W4660  
Peterborough Regional Health Centre  
1 Hospital Drive, Peterborough, ON K9J 7C6

*PRHC is an accessible workplace, and an equal opportunity employer. For more information about our programs and services, please visit our website at: [www.prhc.on.ca](http://www.prhc.on.ca)*

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