

## **PASE Geriatric Mental Health Conference**

### **Mental Health in Later Life: Interfacing the Body, Brain and Mind**

**April 9, 2025**

#### **Program Objectives**

Participants will:

1. Discuss current provincial activities in the care of older adults and identify opportunities for participation and ways to stay informed about emerging changes in Ontario
2. Learn how to define Dementia by etiology and stage and review the issues of treatment and Delirium
3. Consider the impact of intergenerational trauma on the current population of Indigenous older adults with co-pathological presentations of Dementia with Anxiety and Depression
4. Incorporate an adult attachment model of interpersonal relationship styles in their understanding of how falls, pain and frailty can impact senior's mental health
5. Receive updates of current and emerging initiatives for Seniors' Care from a regional hospital perspective
6. Participants will describe common cognitive sequelae, mood and personality changes post-stroke and consider specific areas/pathways in the brain that are associated with the emergence of psychiatric symptoms
7. Participants will acknowledge the concept of biochemical individuality in mental health assessment of older adults and appreciate the importance of testing