## **Do You Need a Family Doctor?**

If you need a family doctor, here are two (2) options for identifying family doctors or nurse practitioners who are accepting new patients:

- Register for <u>Health Care Connect</u> and a nurse will search for a doctor or nurse practitioner who is accepting new patients in your community.
- 2. Contact an Ontario physician to ask if they are accepting new patients.
  - · Use <u>The College of Physicians and Surgeons of</u> Ontario's Find a Doctor search.
  - · Choose "Advanced Search" to find a doctor near you (by city/town or postal code).
  - · Click on "Additional Search Options" to narrow your search (to family doctors and/or language spoken).
  - Contact the doctor to check if they are accepting new patients.

# Care Alternatives in the Community for Unattached Patients

#### Health811

Connect with a registered nurse day or night for free, secure and confidential health advice.

Access safe, high-quality care and avoid unnecessary visits to the emergency room. This service is an easy way to get connected to care you or your loved ones need, but it does not replace your other touch point with your health care provider. In a medical emergency call 911 immediately.

Call 811 (TTY: 1-866-797-0007) or visit <u>Health811 online</u>

## **Pediatric Outpatient Clinic (POP)**

705-740-8055

Peterborough Regional Health Centre, Level 6

Appointment required

Phone lines open at 8:00 a.m. Monday to Friday. Same day appointments for patients without a family practitioner.

Monday to Thursday, 1:00 p.m. to 6:15 p.m. Friday 1:00 p.m. to 4:00 p.m.

\*Newborn follow-up visits and vaccinations for patients without family practitioners may be available\*

#### **Women's Healthcare Centre**

705-743-4132

Peterborough Regional Health Centre, Level 4 Monday to Friday 8:30 a.m. to 4:30 p.m.

#### Appointment required

\*Birth control and sexual health, pap smears, unplanned pregnancy program, sexual assault and domestic violence service

#### **Enhanced Care Clinic at Guardian Pharmacy**

705-874-8080

815 High Street, Peterborough, Unit 9 Monday to Friday 9:00 a.m. to 6:00 p.m. Saturday 10:00 a.m. to 3:00 p.m.

**Virtual Clinic:** Clinic doctors are ready to see you over the computer in-store via video chats and they will set you up for phone appointments based on your needs. Visits are first come, first served.

## **Good Doctors Sherbrooke**

705-304-1034

1625 Sherbrooke Street West, Unit 6, Peterborough Monday to Friday, 9:00 a.m. to 4:00 p.m.

Telemedicine Clinic: nurse on site

#### **Nurse Practitioner Health Clinic Lakefield**

705-651-4866

Morton Community Healthcare Centre 150 Strickland Street, Lakefield, Suite 3 Monday to Friday, 9:00 a.m. to 3:00 p.m.

Non-urgent appointments for unattached patients (no family doctor or nurse practitioner)

# Talk Now - Mental Health and Addictions Virtual Clinic

705-876-5826

Monday to Friday, 8:30 a.m. to 3:30 p.m.

Appointments daily, with some afternoon and evening availabilities, either in-person, over the phone, or virtually.

Services can only be provided for children age 11 and under in shared custody situations when consent for service is provided by both parents/caregivers.

Click **HERE** for more information.

