

Child and Adolescent Psychiatrist

Part-time, full-time and flexible areas of work within the program. Leadership opportunities available.



Child & Adolescent Inpatient Psychiatry Unit (CAPU) - 6 Beds

This is a specialized 6 bed inpatient unit that provides a safe place for a comprehensive mental health assessment and acute stabilization for youth up to the age of 18 years.

Family or guardians and other community service providers are involved throughout the inpatient stay.

Services

- Individual and group therapy
- Psychoeducation in healthy coping mechanisms and life skills
- Medication management

Family and Youth Clinic

This outpatient program offers treatment to children and adolescents to 18 years of age with significant mental health difficulties, and their families. Services include: family systems theory-based assessment; family and Individual therapy. Our primary focus is providing service when a youth's day-to-day functioning is significantly impaired due to moderate or severe mental health illnesses including anxiety, depression, obsessive compulsive disorders, trauma, self-harming behaviours, attention-deficit disorders and suicidality.

The Family and youth clinic is staffed by a multi-disciplinary team including social work, psychology, and psychiatry.

Child and Adolescent Urgent Care Mental Health Clinic

The clinic provides urgent short-term mental health follow-up to kids and families following a visit to the Crisis Unit. Parents and youth can typically expect a phone call from the Urgent Care Team within three business days of the Crisis Unit visit. Referrals from a pediatrician or a GP/NP are also accepted for youth who are experiencing urgent safety issues and/or sudden changes in functioning or mental status.

Eating disorders program

- The Eating Disorders Team is made up of social workers, a registered dietician and a nurse practitioner.
- Medical monitoring, nutritional counselling, and individual or group therapy are offered to clients with a diagnosed eating disorder across the lifespan
- The Maudsley Family Based Therapy approach is used for youth and their families under 18
- Psychiatry consultation is available with a referral from the nurse practitioner

The Opportunity within PRHC

The Child and Adolescent Psychiatrist in the MHA department at PRHC would contribute to the work of the department through provision of outpatient assessment and treatment both on an urgent basis within the Child and Adolescent Urgent Care Clinic and also in a community Mental Health model within the Family and Youth Clinic. Additional opportunities include psychiatric consultation to the Pediatric (medical) Unit, as well as coverage for the Inpatient Child and Adolescent Unit. Our program has a close working relationship with local First Nations communities and the Peterborough Family Health Team.

The ability to provide assessment and treatment services for the adolescent Dual Diagnosis population would be an asset in this role to support the Dual Diagnosis Community Consultation Program in partnership with CMHA and Tri-County Behavioural Services.

The successful candidate would be joining our child and adolescent psychiatrists who currently support the inpatient unit, the Family and Youth Clinic, and the Child and Adolescent Urgent Care Clinic. Competitive indirect (stipend, sessional) funding available.

Our department is a designated teaching site for trainees at the undergraduate and postgraduate levels, affiliated through Queens and McMaster University and University of Toronto, with opportunities for faculty appointments. Leadership opportunities are available.

Collaborative Partnership with Community Mental Health - Kinark Child and Family Services

This is a full-time role shared between the hospital and a community mental health agency. The Child and Adolescent Psychiatrist will work as a member of an interdisciplinary team at Kinark Child and Family Services, providing a broad range of psychiatric consultation, assessment, and treatment services for children, adolescents, and their families.

The successful candidate may also provide education and clinical consultation to Kinark staff, as well as community agencies and local schools, as required. Kinark's staff includes highly trained psychologists, nurses, social workers, and child and youth workers.

Services

- Comprehensive and evidenced-based assessment and intervention for complex need clients (Motivational Interviewing, CBT, DBT)
- Brief therapy and group therapy (CBT and Unified Protocol)
- Dialectical Behaviour Therapy (DBT) program
- Residential Services
- Day Treatment Services
- Stop Now and Plan (SNAP) Program

About Kinark

Kinark Child and Family Services is a leading child and youth service organization in Ontario, which provides a wide range of evidence-based services that include individual, family and group therapy for children and youth with complex needs and their families. Kinark's three program streams include: Community-Based Child and Youth Mental Health, Autism, and Forensic Mental Health/Youth Justice. Kinark, as a Lead Agency for Child and Youth Mental Health, is responsible for the planning, development and quality of child and youth mental health services across the region. Kinark works with the Child and Youth Mental Health providers to ensure core service accessibility for children, youth and families who require mental health supports.

Work Better

PRHC is a regional hospital delivering acute healthcare to a rapidly growing population of more than 300,000 in Peterborough and the surrounding communities, including the First Nations of Curve Lake, Alderville and Hiawatha.

The Health Centre is located in Peterborough Ontario, a 90-minute drive north-east of Toronto - and has a proud local history extending back over a century. We are the region's largest employer with more than 2,500 staff, 400 physicians with privileges and 500 volunteers.

As a member of the PRHC team, you will be part of an exceptional working environment - a forum to share knowledge, to learn, to develop talents, relationships and careers, and a culture that recognizes and rewards the achievements of its people.

Live Better

In Peterborough, you'll be as close to the great outdoors as you are to work, schools and other amenities. Cottage country is as close as 20 minutes away. An hour south of Kawartha Highlands Provincial Park and a couple of hours from Algonquin Provincial Park. Here, we boast all the conveniences and comforts that an exceptional quality of life demands. Here, you can have it all.

Just 90 minutes from downtown Toronto by car, Peterborough is a unique community unto itself, an



established entity with a rich heritage, a thriving culture, and a bright future. Home to Trent University and Fleming College as well as a burgeoning business sector, the opportunities here abound.

Peterborough offers a unique blend of outdoor pursuits and urban amenities right at your doorstep. Our arts and culture community is renowned for its exceptional events, exhibitions and performances, and the city offers a wide array of multicultural cuisine, local cafés, and unique shops.

Interested individuals should forward their curriculum vitae or inquiries to:

Julie Tataryn, Medical Affairs, PRHC
medicalrecruitment@prhc.on.ca

PRHC is an accessible workplace, and an equal opportunity employer. For more information about our programs and services, please visit our website at: www.prhc.on.ca