

PETERBOROUGH REGIONAL HEALTH CENTRE

Do You Need a Family Doctor?

Please contact **Health Care Connect** to register. Once registered, a nurse will try to connect you with a family healthcare provider in your community who is accepting new patients for both you and your family. If you do not have a family doctor you may hear yourself referred to as an “**unattached patient**”.

Health Care Connect

Monday to Friday, 9:00 a.m. to 5:00 p.m.
ontario.ca/healthcareconnect
 1-800-445-1822

Health Connect Ontario

Health Connect Ontario is a free, confidential service available by calling **811** or visiting the website at **healthconnectontario.health.gov.on.ca**. Connect with a registered nurse day or night for non-urgent health advice and information.

Care Alternatives in the Community for Unattached Patients

The Medicine Shoppe Pharmacy Walk in Clinic

705-743-8443
 860 Chemong Road, Peterborough
 Monday, Tuesday, Thursday, Friday, 10:00 a.m. to 5:00 p.m.
 Saturday 10:00 a.m. to 2:00 p.m.

Walk in Clinic: no appointment required

Virtual Clinic: appointments will take place over the phone or via video conferencing*

No children under age 12

Pediatric Outpatient Clinic (POP)

705-740-8055
 Peterborough Regional Health Centre, Level 6

Appointment required

Calls open Monday to Friday at 8:00 a.m.

Same day appointments for patients without a family practitioner.

Monday to Thursday, 1:00 p.m. to 6:15 p.m.
 Friday 1:00 p.m. to 4:00 p.m.

Newborn follow-up visits and vaccinations for patients without family practitioners may be available

Women’s Healthcare Centre

705-743-4132
 Peterborough Regional Health Centre, Level 4
 Monday to Friday 8:30 a.m. to 4:30 p.m.

Appointment required

Birth control and sexual health, pap smears, unplanned pregnancy program, sexual assault and domestic violence services

Enhanced Care Clinic

705-874-8080
 815 High Street, Peterborough, Unit 9
 Monday to Friday 9:00 a.m. to 6:00 p.m.
 Saturday 10:00 a.m. to 3:00 p.m.

Walk in Clinic: no appointment required

Virtual Clinic: appointments will take place over the phone or via video conferencing*

Good Doctors Sherbrooke

705-304-1034
 1625 Sherbrooke Street West, Unit 6, Peterborough
 Monday, Wednesday, Friday 9:30 a.m. to 3:00 p.m.

Appointment required

Virtual Clinic: appointments will take place over the phone or via video conferencing - nurse on site to assist

Phone appointments also available from home
 Call to book appointment or visit www.gooddoctors.ca

Nurse Practitioner Health Clinic Lakefield

705-651-4866
 Morton Community Healthcare Centre 150 Strickland Street, Lakefield, Suite 3
 Monday to Friday, 8:30 a.m. to 4:30 p.m.

Appointment Required

Virtual/telephone appointments preferred - in person appointments available as determined by clinic

Talk Now - Mental Health and Addictions Virtual Clinic

705-876-5826
 Monday, Wednesday, Thursday, Friday 8:30 a.m. to 3:30 p.m.
 Tuesday, 8:30 a.m. to 8:00 p.m.

Appointment required

Counselling, social work, nurse practitioner support available by phone, video or in person. For all ages

This is not an exhaustive list of available options in the community. Hours and appointment information for individual clinics subject to change - please contact clinics for the most up to date information