

Services & Resources Available for Men Experiencing Violence or Abuse

Help Lines/Crisis Lines

Male Survivors Support Line

- 24h phone line for crisis and referral services for male survivors of recent or historical sexual abuse.
- Telephone number: 1-866-887-0015

Kawartha Sexual Assault Centre KSAC

- 24h crisis support and counseling to people of all genders who have experienced any form of sexual or gender-based violence, both recent and historical.
- Telephone: 1-866-298-7778 or Text: 705-710-5234

Four County Crisis CMHA

- 24h crisis support by telephone and a mobile crisis team.
- Telephone number: 705-745-6848 or 1-866-995-9933

TeleCare Peterborough: Helpline

- Offers 24-hour crisis and emotional support by trained volunteers.
- Telephone number: 705-745-2273

Crisis Text Line

- Text HOME to 686868 in Canada to text with a trained Crisis Responder for free 24-7 support.
- Website: <https://www.crisistextline.ca/>

PRIDE Line Durham

- LGBTQ Helpline for support by trained volunteers. Operates from 6 - 10 pm daily.
- Telephone: 1-855-87PRIDE or 1-855-877-7433

Kids Help Phone

- 24h confidential counseling/information for youth by phone, text, Facebook messenger or live chat.
- Telephone: 1-800-668-6868 or Text: 686868 or Webchat: www.kidshelpphone.ca

Other Supportive Services

211 Ontario Community Helpline

Find programs and services in your community. Call 2-1-1 or website: <https://211ontario.ca/>

PRHC Sexual Assault / Domestic Violence Team

- 24h emergency medical care and support for victims of interpersonal violence and sexual assault.
- Telephone: 705-743-2121

John Howard Society

- Support, counseling and programs for people involved with the criminal justice system.
- *Healing from Within*: group for male sexual assault survivors
- Telephone: 705-743-8331

Website: www.jhsptbo.com

Canadian Centre for Men and Families

- Online support programs and a shelter in Toronto for men experiencing violence.
- Telephone 647-479-9611
- Website <https://menandfamilies.org/>

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Legal & Police Services

Victim Services

- 24-7 confidential support; information regarding the involvement of the police in domestic violence situations; some financial assistance for counseling or measures needed for safety
- Telephone number: 1-888-822-7729 (or local service)

Victim/Witness Assistance Program

- Provides services to victims of domestic violence or abuse who are involved in the criminal court process because of charges being laid against their abuser.
- 705-755-5150 (Peterborough), 905-373-4023 (Cobourg), 705-324-1429 (Lindsay)

Family Law Information Centre

- Provides information, referrals, and support about family court issues.
- Provides assistance with applications for interim (emergency) court orders for custody and access, restraining orders and exclusive possession of the family home.
- *Peterborough* Telephone: 705-876-6915
- *Cobourg* Telephone: 905-372-3751 ext 128
- *Toll free* 1-888-616-0119 ext.18 or Legal Aid Client Service Line 1-800-668-8258
- Website: www.familycourtmediation.com

Community Legal Centres

- Legal representation provided to low-income residents in some areas of law.
- *Peterborough* Telephone: 705-749-9355 Website: www.ptbo-clc.org/
- *Northumberland* Telephone: 705-373-4464 or 1-800-850-7882 www.thehelpandlegalcentre.ca
- *City of Kawartha Lakes or Haliburton County* Telephone: 1-800-461-8953, Ext. 42.

Legal Aid Ontario Office

- Telephone: 705-743-5430 (Peterborough) or 905-372-2432 (Cobourg)
- Toll free Client Service Line 1-800-668-8258
- Website: www.legalaid.on.ca

Law Society Referral Service

- Provides the name of a lawyer who will provide up to 30 minutes of free consultation to help you learn your rights and options. This service does not give legal advice.
- Telephone number: 1-855-947-5255 or 416-947-5255

Victim Support Line (VSL)

- Referral to local services and pre-recorded information about justice system
- Can register for automated notification of changes to offenders' status
- Telephone number: 1-888-579-2888

Legal Line

- Free, pre-recorded legal information through telephone and internet systems. No legal advice.
- Telephone number: 416-929-8400
- Website: www.legalline.ca

Steps to Justice (Community Legal Education Ontario)

- Step-by-step easy to understand online information about legal problems.
- Website: <https://stepstojustice.ca/> (also has Live Chat option)