

## When coming to labour and delivery at PRHC

Enter through the Emergency Department. Go directly to the registration desk on the left side. You will be escorted to the elevators and brought to the 6th Floor at the entrance to Labour and Delivery. You must use the small buzzer on the right side of door.

## What to bring to the Health Centre

- OHIP card
- Insurance Coverage Information
- Maxi Pads
- Extra underwear and socks
- Slippers
- Housecoat and sleepwear (opens at front for skin-to-skin)
- Cell phone and charger
- Your own pillow
- Toiletries (e.g. soap, shampoo, comb, toothbrush, toothpaste)
- Diapers
- Sleepers for baby

\*Please leave all valuables at home.

## Visiting guidelines

PRHC supports patient and family centered care. We respect your individual choices for your birth experience and your hospital stay. PRHC has a 24-hr patient visiting policy. You may wish to speak to your family and friends about visiting preferences. Supporting your new family is our ultimate goal.

## Parking at PRHC

PRHC has 13 free drop-off and pick-up spaces with a strict 15-minute time limit located near the main entrance.

Visitors to the hospital take a ticket upon entry to the parking lot, and pay by cash or credit card at one of three pay station locations including inside the Main entrance, South entrance and Emergency Departments.

**REGULAR RATES:** First half-hour \$4; subsequent half-hours \$2.  
Maximum of \$10 per calendar day, no in-and-out privileges

**DAILY PASS:** \$12 for 24 hours, with unlimited in-and-out privileges

**WEEKLY PASS:** \$36, with unlimited in-and-out privileges for 7 days