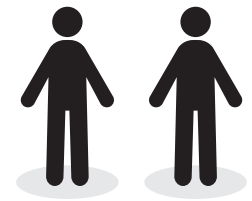


Labour & Delivery

Labour & Delivery (L&D) has a number of important rules in place to keep everyone safe.

L&D patients are permitted one (1) designated essential caregiver/family member. Designated caregivers must remain in the patient room for the duration of the stay unless supporting patients in labour with therapeutic walking around the unit.



All labouring patients are required to wear a mask when any PRHC healthcare worker is in the room.



All designated essential caregivers are required to wear a mask at all times when inside the hospital. If you will not or cannot wear a mask, you will be asked to leave the hospital.



For the safety of young children, please do not bring them to L&D.



Therapeutic walking can support labour; at this time all people in labour are asked to stay inside the L&D unit at all times. Designated essential caregivers are permitted to accompany the patient for therapeutic walking around the unit. Patients and caregivers must wear a mask when walking on the unit.



If a C-section is required (planned or unplanned), the designated caregiver will be permitted to stay with the person giving birth to support them.



You must clean/sanitize your hands:

- Before you enter L&D
- Before you enter the patient's room
- Before you leave the patient's room
- Before you leave L&D

If you touch any surface, including the door or handle, you must clean/sanitize your hands again.



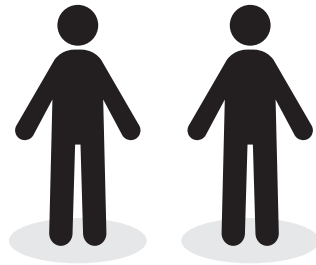
All waiting rooms on the L&D unit are closed at this time.



Thank you for your cooperation as we work to keep everyone healthy and safe.

NICU

The Neonatal Intensive Care (NICU) unit has a number of important rules in place to keep everyone safe.



NICU patients are permitted two (2) designated essential caregivers/family members. One caregiver will be permitted with the patient at a time. These two (2) designated caregivers will be permitted to switch out with one another during the same day. Parents with multiples (twins) are permitted to be in the room at the same time.



All new parents and designated essential caregivers are required to wear a mask at all times when inside the hospital. If you will not or cannot wear a mask, you will be asked to leave the hospital.



You must clean/sanitize your hands:

- 1** Before and after you enter the NICU
- 2** Before and after you leave the NICU
- 3** Before and after you enter the patient's pod

Thank you for your cooperation as we work to keep everyone healthy and safe.

A6

The A6/Women's & Children's inpatient unit has a number of important rules in place to keep everyone safe.

New mothers are permitted one (1) designated essential caregiver/family member.



Pediatric patients are permitted two (2) designated caregivers/family members. One caregiver will be permitted to be with the patient at a time.



All other A6 patients (including medicine and surgery) are permitted two (2) designated caregivers. One (1) visit maximum per patient, per week, and only one (1) caregiver may visit at a time.



Patients, parents and essential caregivers on A6 are required to wear a mask when:

- Any PRHC healthcare worker is in the room
- The patient/parent/caregiver leaves the patient room.



Designated essential caregivers are required to wear a mask at all times when inside the hospital. If you will not or cannot wear a mask, you will be asked to leave the hospital.



You must clean/sanitize your hands:

- Before you enter A6
- Before you enter the patient's room
- Before you leave the patient's room
- Before you leave A6



If you touch any surface, including the door or handle, you must clean/sanitize your hands again.

All waiting rooms on A6 are closed at this time.



Thank you for your cooperation as we work to keep everyone healthy and safe.