

SHOULD I TAKE MY CHILD TO THE **EMERGENCY DEPARTMENT?**

If your child is unwell, it is unlikely to be COVID-19. And while it is important to stay at home during this time to prevent the spread of illness, in some cases you should be seeking medical care for your child. It can be confusing to know what to do when your child is unwell or injured.

Remember, PRHC is ready to help your family with these and other emergencies, even if you or your child have symptoms of COVID-19.



FEVER OVER 38.5 (101°F) FOR MORE THAN 5 DAYS increasing lethargy, any fever in

infant less than 3 months old.



UNEXPLAINED **BRUISING** or bleeding.



WORSENING ABDOMINAL PAIN persistent vomiting, blood in stool or constipation with vomiting.



INCREASED THIRST hunger with weight loss, new onset night time bed wetting.



NEW ONSET SHORTNESS OF BREATH laboured breathing or trouble speaking in full sentences.



DIFFICUITY BREATHING when doing very little or resting.



CONTINUOUS **VOMITING** or severe diarrhea with signs of dehydration.



A BROKEN BONE or a wound that needs stitches.



HFADACHF weakness, dizziness numbness/tingling, vision problems, trouble speaking.



STIFF NECK



PRHC's POP Urgent Care Clinic offers same day appointments and telephone support for children under the age of 18 with urgent, non-life-threatening illnesses or injuries. For more information and clinic hours visit: www.prhc.on.ca/cms/pop-urgent-care

For Family Health Team Clinic hours and information, call your family doctor or nurse practitioner, or visit www.peterboroughfht.com



CHEST PAIN or tightness in the chest.



SEIZURES or convulsions.



CONFUSION and disorientation.



and sensitivity to light.

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