BREAST PUMP CLEANING INSTRUCTIONS

If you need support, the PRHC Breastfeeding Clinic is located on Level 6.

To make an appointment, call 705-743-2121 x 8055.

Step 1:

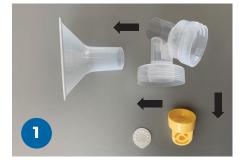
Separate and wash all parts that come in contact with breast and breast milk immediately after use to avoid dried breast milk residue and prevent growth of bacteria

NOTE:

- Wash breast pump kit parts after each use.
- Take care not to damage parts of the kit during cleaning.
- It is not necessary to wash tubing, membrane, cap or protective membrane prior to first use.

Long-term stay pump kit

2 Short-term stay pump kit





Step 2:

Using the provided basin, rinse all separated parts that came into contact with your breast and breast milk in cool water in order to remove breast milk residue.





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Step 3:

Soak all separated parts in warm, soapy water for 5 minutes.

Wash each part with a clean cloth or soft brush.

Rinse all separated parts with water.



Step 4:

Place parts on a clean surface and/or towel.

Allow all parts to air dry.

Store dry parts in a clean, cool place when not in use. **DO NOT** store wet or damp parts in a bag or sealed container.

Store the clean pump kit at your baby's bedside until the next use.



References:

www.cdc.gov/healthywater/hygiene/healthychildcare/infantfeeding/breastpump.html www.cdc.gov/healthywater/pdf/hygiene/breast-pump-fact-sheet.pdf

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