



Cancer Information

Some Books, Videos and Other Resources to Look for:

American Cancer Society Complete Guide to Complementary and Alternative Cancer Therapies, 2009

100 Questions and Answers About Caring for Family or Friends with Cancer, Susannah Rose, 2009

The Chemotherapy Survival Guide, Judith McKay, 2009

Everyone's Guide to Cancer Therapy: how cancer is diagnosed, treated, and managed day to day, Andrew Ko, 2008

Cancer: 101 solutions to a preventable epidemic, Liz Armstrong, 2007

The Cancer Dictionary, Michael J. Sarg, 2007

The Total Cancer Wellness Guide: Reclaiming Your Life after Diagnosis, Kim Thiboldeaux, 2007

What you Really Need to Know About Cancer; a comprehensive guide for patients and their families, Robert Buckman, 2006

Cancer is a Word, Not a Sentence: a practical guide to help you through the first few weeks, Robert Buckman, 2006

Picking Up the Pieces: Moving Forward After Surviving Cancer, Sherri Magee, 2006

Coming Out Again: Lesbians Speaking Out About Cancer (DVD), Canadian Cancer Society, 2006

Also: see resource lists at the websites in the Internet section



Libraries

Search library catalogues for books, videos and more about eating disorders, body image, and other subjects. Check out their websites to connect to online databases and other resources.

For public libraries - keep in mind that you will only be able to borrow directly for free from your local one, however your local public library can borrow books from other libraries for you.

Women's Health Care Centre – Resource Centre

<http://www.librarything.com/home/WomensHealthPtbo>

Brighton Public Library

<http://www.brighton.library.on.ca/>

City of Kawartha Lakes Public Library

<http://www.kawarthalakes.canlib.ca/>

Cobourg Public Library

<http://www.cobourg.library.on.ca/>

Douro-Dummer Public Library

<http://library.dourodummer.on.ca/cgi-bin/libsearch.cgi?dbNum=1&action=3>

Haliburton County Public Library

<http://www.libris.ca/hali/>

Havelock-Belmont-Methuen Public Library

<http://www.hbmlibrary.on.ca/>

Peterborough Public Library

<http://www.peterborough.library.on.ca/>

Port Hope Public Library

<http://www.phpl.ca/>

Smith-Ennismore-Lakefield Library

<http://www.mypubliclibrary.ca/>

FourInfo's Public Library listings

<http://fourinfo.cioc.ca/results.asp?STerms=library&SType=O&CMTtype=S&GHID=&NUM>

You may find that your Public Library isn't listed here. That doesn't mean that they don't have anything or that you don't have one; either they didn't have an online catalogue or I missed them. I apologize for any omissions. You can look up your local library in your phone book, or local services directory.



Local Programs, Groups and Associations

Canadian Cancer Society

Office Phone (705) 742-3823
Toll Free 1-800-463-0432
Fax (705) 742-4027

727 Landsdowne St. W
Peterborough, ON
K9J 1Z2

Information Service
1 888 939 3333

Peer Support - Cancerconnection

A toll-free provincial support service for individuals recently diagnosed with cancer or those who are caring for a loved one with cancer.

Toll Free 1-800-263-6750

Hospice Peterborough

Services include compassionate listening and provision of information, extensive lending library, community education, palliative care volunteer training, cancer support services, caregiver support services, and client support services. Also offers a supportive, creative and fun day program.

Phone (705) 742-4042
Fax (705) 742-0064

www.hospicepeterborough.org

439 Rubidge St
Peterborough, ON
K9H 4E4

Haliburton Kawartha Pine Ridge District Health Unit

1-866-888-4577

www.hkpr.on.ca

Cancer prevention page:

<http://www.hkpr.on.ca/healthy-lifestyles-master.asp?id=83>

To book an appointment for a Pap test with a female nurse in HKPR, women can call the health unit toll-free at 1-866-888-4577, ext. 205

Palliative Care Victoria

(705) 324-2811

Provides emotional and physical support, coping and quality of life services for people living with a life-threatening illness.

Ontario Breast Screening Program

1-800-668-9304

www.cancercare.on.ca

Peterborough County-City Health Unit

Education on breast, cervical, colorectal, and skin cancer prevention and assistance with workplace policies to reduce the risk of skin cancer.

Office (705) 743-1000

TDD (705) 743-4700

Fax (705) 741-4261

www.pcchu.ca



On the Internet

American Cancer Society

<http://www.cancer.org>

Information about different types of cancer, research, fundraising, support, statistics, etc.

American Institute for Cancer Research

<http://www.aicr.org/site/PageServer>

Diet and cancer prevention information and fundraising.

Canadian Cancer Society

<http://www.cancer.ca>

Information on different kinds of cancer, fundraising, research, prevention, support etc.

CDC – Cancer Prevention and Control

<http://www.cdc.gov/cancer/index.htm>

The Center for Disease Control's information about their program, different kinds of cancer, research and statistics, prevention, news, etc.

National Cancer Institute – Cancer Net

<http://cancernet.nci.nih.gov> or <http://www.cancer.gov>

Information about different types of cancers, research, statistics, clinical trials, etc.

OncoLink

<http://www.oncolink.com/>

Cancer news, information, and resources provided at different levels – from basic information to in-depth. From the Abramson Cancer Center of the University of Pennsylvania.

BC Cancer Agency

<http://www.bccancer.bc.ca/default.htm>

Cancer information for the patient, the public, health professional and about research etc. From the British Columbia Provincial Health Services Authority.

Women's Health Matters – Cancer Health Centre

<http://www.womenshealthmatters.ca/centres/cancer/>

Information about different types of cancers, cancer issues, and support from Women's Health Matters, the New Women's College Hospital.