

Clinic Operation

The GAIN clinic is open 56 hours each week, Monday - Saturday.

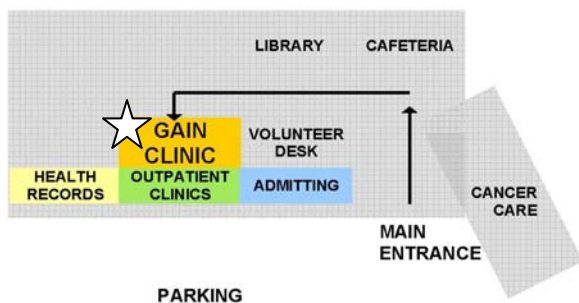
To have a comprehensive assessment completed, seniors must:

- be referred by a primary care provider in the community, emergency department, or upon discharge from the hospital.
- live at home or in a retirement home (those currently in long-term care or nursing homes are not eligible)
- have a scheduled appointment (walk-ins will not be accepted).

Clinic Location

We are located in Medical Outpatients at the Peterborough Regional Health Centre. Seniors can access the clinic via the Main Entrance on Level 4, past the Information Desk down the first corridor on the left.

Parking is available for a cost of \$8.00



Referral Process

Referrals to the GAIN Geriatric Clinic must be signed by a Physician or Nurse Practitioner. They can then be faxed directly to the clinic.

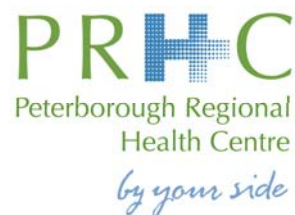
A downloadable referral form is available online at www.prhc.on.ca.

Contact Information

Peterborough Regional Health Centre
Medical Outpatients, GAIN Clinic
1 Hospital Drive
Peterborough, ON
K9J 7C6

Tel: (705) 876-5021
Fax: (705) 876-5058

www.prhc.on.ca



GAIN Geriatric Clinic

Geriatric Assessment & Intervention Network



Providing Better Care for Frail Seniors



What is the GAIN Geriatric Clinic?

The Peterborough GAIN clinic is an urgent/emergent outpatient clinic providing comprehensive assessments for frail seniors in the Four Counties and their surrounding areas. The Central East Local Health Integration Network (CE LHIN) is committed to the expansion of specialized geriatric services.

Target Population

The GAIN Geriatric clinic is designed to assess seniors generally aged 75 and older, who:

- ✓ have multiple complex health problems and/or medication issues
- ✓ have experienced a functional decline, are at risk for falling, and/or present with safety concerns
- ✓ have experienced a cognitive decline, psychosocial issues, and/or have difficulty coping

What can you expect?

The duration of a comprehensive assessment is approximately 2 hours.

Seniors will see members of the inter-professional team as appropriate to their needs.

At the end of the assessment, a summary of recommendations will be reviewed and provided to the senior, their Primary Care Provider, and the referring Primary Care Provider.

What to bring?

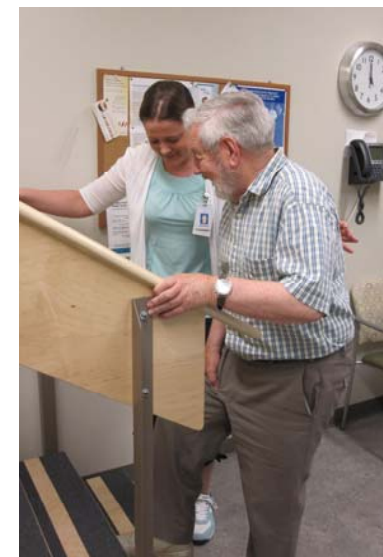
- ✓ a family member or friend
- ✓ current walking aids
- ✓ eye glasses
- ✓ hearing aids
- ✓ **all** medications including over the counter products (medication containers, bottles, eye drops, creams, etc.)
- ✓ a snack

The Team

The GAIN inter-professional team consists of:

- 2 Nurse Practitioners
- 1 Physiotherapist
- 1 Occupational Therapist
- 1 Social Worker
- 1 Pharmacist
- 2 CCAC Case Managers
- 2 Geriatricians available for consultation

Collaboration with the Geriatric Emergency Management (GEM) Nurse and other ED professionals.



Your appointment with our GAIN Geriatric Clinic is:

Date: _____

Time: _____ a.m. / p.m.