

For Hospital Patients Frequently Asked Questions

Home First

Home First is an important philosophy and partnership between the Central East LHIN, Peterborough Regional Health Centre, Central East Community Care Access Centre and Community Care Peterborough.

What is Home First?

Home First is a philosophy which applies to all patients regardless of their age, hospital unit location, length of stay or condition. The Home First philosophy will help you transition from the hospital back to your home and with the services you will need to help you recover at home safely. Our number one priority is the health and safety of our patients and clients and we want to be sure each person receives the right care at the right time and in the right place. By working with you and your family, the Central East Community Care Access Centre (CECCAC) and Community Care Peterborough (CCP) can help you stay in your own home or, if necessary, help you move to a more appropriate place for your care.

Who will set up the services I need when I go home?

A CECCAC Case Manager, who is part of your inter-professional team in the hospital, will work with you to determine what type of services and support you need to transition home safely.

What kind of services will I receive?

Each patient will have individualized support services depending on his/her health care needs. The services may vary but can include home care, meals, friendly visitors, light housekeeping or laundry, access to a personal support worker, physiotherapist, and/or other professionals.

For more information, you can call the CECCAC at 705 743 2212.

What is going to happen when I go home?

The CECCAC Case Manager will continue to assess your needs and adjust the level of support you receive based on your changing health needs.

If you need ongoing care in a Long-Term Care Home, the Case Manager will discuss the options with you and your family. The Case Manager will continue to coordinate community support services so that you can safely stay at home until a facility of your choice is available.

Why can't I wait in the hospital for a bed in a Long-Term Care Home?

When your hospital treatment is complete, your home is a better place for you to regain your strength and with services and support from the CECCAC and CCP you can make important decisions about your care over the long term.

I'm worried that I may not be able to look after myself at home. What will I do?

You will likely need the most help during the first month or two after you go home. During this time, the CECCAC Case Manager will continue to assess your needs and coordinate the services and supports so that you can live comfortably and safely in your own home.